



## INSTRUCTION FOR DIABETICS - GASTROSCOPY AND COLONOSCOPY

*Please bring your medication including insulin with you to your procedure.*

### GASTROSCOPY

- Normal medication and diet the day before the procedure.
- On the day of the procedure, take 1/3 of your usual morning insulin. Do not take any diabetic tablets.

### COLONOSCOPY

1. **DIABETICS ON INSULIN:** Notify our staff and your procedure will be scheduled in the am.

**The day before the procedure** have a normal breakfast and then clear fluids only. Take your usual tablets in the morning only. Take 1/3 of your usual insulin dose(s) throughout the day.

**The day of the procedure** take no tablets and take 1/3 of your usual insulin dose.

2. **DIABETICS TREATED WITH TABLETS ONLY:** You do not need a morning procedure appointment.

**The day before the procedure** take your morning tablets only and take no diabetic medication after this while on clear fluids.

**The day of the procedure** take no medication before your procedure. Recommence your normal medication following recommencement of a normal diet after your procedure.

3. **DIET CONTROLLED DIABETICS:** Follow the usual preparation instructions.

NOTE:

**Type I diabetics** - please monitor your blood sugar regularly throughout this time.

**Type II diabetics on tablets** – some tablets MUST BE STOPPED 2 DAYS before your procedure or the anaesthetist may cancel the procedure. See the list on the other side....

## **NOTE FOR DIABETICS:**

If you take any of the below medication,  
**PLEASE CEASE THE MEDICATION 2 DAYS PRIOR**  
to your procedure, or your procedure may be cancelled on the day.

- DAPAGLIFLOZIN (Forxiga)
- EMPAGLIFLOZIN (Jardiance)
- ERTUGLIFLOZIN (Steglatro)

When these are combined with Metformin:

- XIGDUO
- JARDIAMET
- SEGLUROMET

When these are combined with DPP4 inhibitors:

- GLYXAMBI
- QTERN

STEGLUJAN